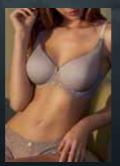
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WEEK 2 17th-21st July

WEEK 3 24th-28th July

31st July-4th August WEEK 4

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9-12 years 9.30am-11am 5-8 years 11.30am-1pm

WEEK 5 8th-11th August (4 Days - €50)

2 GROUPS FOR WEEK 5

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MEET KINSALE'S NEW DELI BAKERY OWNER



An Executive Chef originally from Carrigaline with twin girls and the former manager of the successful Cork based Claypot Catering, Sabrina Levis Morley is the new owner of The Gourmet Pantry Deli Bakery in Market Street, Kinsale (formerly Lemon Leaf Deli Bakery). Sabrina says her emphasis since re-opening the delicatessen and bakery in December 2016 is to provide "healthier, fresher & tastier" dishes with greater options daily, now a Deli bakery with a difference!

Since the opening Sabrina has introduced all new hot and cold lunches, an exquisite Salad bar, gourmet sandwich rolls, fresh pies in addition to the most unbelievably tempting desserts, cakes & treats. Sabrina has developed a super menu with great options daily for vegetarians and vegans which will complement her array of gluten-free products on offer. All produce is cooked/baked everyday in-house. There is a great emphasis on baking fresh breads, home made scones, Danish pastries and croissants. The Gourmet Pantry offers every customer their Coffee Loyalty Rewards card giving them a FREE coffee in every six cups!

Sabrina has launched her new catering menu earlier this year for home parties & corporate, from €8 per person up to 180 people! The Gourmet Pantry has an unbelievable team with Sophie Madden, the very popular local Kinsale girl supervising front of Deli along with local staff. Buying local and employing local is extremely important to Sabrina in her quest to achieve food excellence in the great town of Kinsale and indeed West Cork. The Deli Bakery is open seven days every week from Monday - Sunday from 9am - 5.30pm.

Tel: Gourmet Pantry Kinsale on 021-4709215 Email: GourmetPantryKinsale@gmail.com Follow us on Facebook, Twitter & Instagram

Gourmet Pantry Deli Bakery - Market Street





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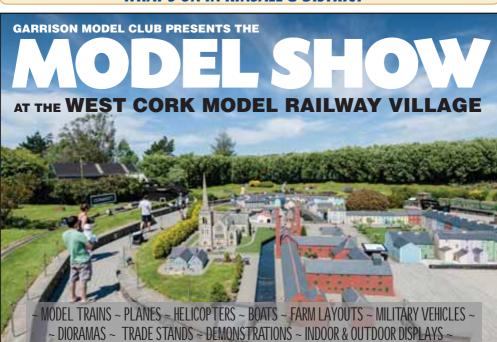








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SUNDAY 2nd JULY 2017 11am - 5pm



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Saturday 24th June, 10pm THE HOOTS

Sunday 25th June, 6.30pm JOE BLACK

Monday 26th June, 8pm JIMMY WHITE

Tuesday 27th June, 8pm AODHAN - Irish Balladeer

Thursday 29th June, 8pm AODHÁN - Irish Balladeer





Please phone: 087 2358050

WHAT'S ON IN KINSALE & DISTRICT





The hite House



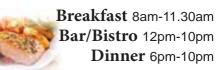
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SAMPLE PROGRAMME

	Monday	Tuesday	Wednesday	Thursday	Friday	
PIRATES 6-8 Years	Beach Games Canoeing	Scavenger Hunt	Beach Combing Body boarding	Welly Wander & Camp Craft	Day Sail	
	Kart Building Archery	Kayak Snorkelling Zip Line	Team Games	Don't forget your wellies!	Party @ Sea	
SEA DOGS 8-10 Years	Team Games	Archery	Welly Wander & Camp Craft	Day Sail	Beach Combing Body boarding	
	Zip Line	Beach Games		Don't forget		
	Canoeing	Open Kayaks	Don't forget your wellies!	your Hat & Gloves	Beach Party	
FIND ADVENTURE 10-12 Years	Canoeing Outback	Forest Trip Don't forget your wellies!	Day Sail Don't forget your hat & gloves	Open kayaks Snorkelling Team games	Coasteering Team activities @ James Fort Beach Party	
ACTIVITY CHALLENGE 12-14 Years	Coasteering Outback	Team activites @ James Fort	Rock Climbing @ Old Head	Team Activities	Day Sail Party @ Sea	
12-14 feats		Open Kayaks		Sea Kayaking	rarty & sea	
YOUNG EXPLORERS 12-14 Years	Team Activities Outback	Day Sail	River Trip	Canoeing	Rock Climbing	
	Coasteering		Overnight Camping	activities @ James Fort	Party @ Old Head	
ADVENTURE EXPEDITION 14yrs +	Team activities		River Trip	Canoeing	Rock Climbing	
	Outback Coasteering	Day Sail	Overnight Camping	Team activities @ James Fort	Party @ Old Head	

SUMMER SCHEDULE 2017

		SEA DOGS 8-10yrs	FIND ADVENTURE 10-12yrs	12-14yrs	EXPLORERS 12-14yrs	14yrs +	SAILING	SKILLS 1 dolphins		IMPROVING SKILLS	BOAT HANDLING			RACING
PRICES	€190	€190	€220	€220	€245	€245	€255	€255	€255	€255	€255	€255	€255	€255
26th June	*	*	√	*		*	*	*		✓	*			*
3rd July	*	*	*		*		*		*				*	
10th July	*	*	*	*		*	*	1		✓		*		*
17th July	*	*	*		*		*		*		✓			
24th July	✓	*	✓	✓		*	*	*		✓			*	
31st July	*	*	*		*		*		1					
8th August	*	1	4	*		-	V	1						
14th August	*	*	*	!	*		*		*	*	*	!		
21st August	✓	*	*	✓		*	*	*				*	*	
8th Aug (4 Day Course)	€150	€150	€175	€175	€200	€200	€205	€205						



Weekly Advertiser & Guide to

WHAT'S ON IN KINSALE & DISTRICT





ALTRUSA GARDEN PARTY

at Kinsale Community Hospital Sunday 25th June from 2.00pm to 4.30pm

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Selection of **Homemade Cakes** will be for sale

For the Children there will be a Piñata filled with Sweets - Face Painting

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SENATOR TIM LOMBARD Cork South West Constituency Office: Granig, Minane Bridge, Co Cork. Phone: 01-618 3628 Mobile: 086-832 9119 E-mail: tim.lombard@oir.ie www.timlombard.ie

NOTICES

PUBLIC MEETING Public meeting about the future of the Municipal Hall.

Hosted by The Kinsale
Municipal Hall Revival group.
Tuesday 27th June, 8pm
at Temperance Hall
ALL WELCOME

THANK YOU

Altrusa Club of Kinsale & District wishes to thank all those who contributed to the collection for Marymount Hospice on Friday 9th June.

€2,327 was raised for the wonderful care that is given at Marymount.

Honey Bee Swarm Collection in Kinsale & surrounding areas 087 2878915



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www.kinsaleabc.ie

Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. EMC



NOTICES

Don & Barry's HISTORIC STROLL

FROM TOURIST OFFICE @ 11.15am DAILY - 7 DAYS & Early Bird @ 9.15am, Mon - Sat

"Excellent... Kinsale's single best attraction... A joy... Be sure to take it" Rick Steves

#1 Kinsale Tour

on tripadvisor.ie

901 Reviews

Chosen guides for NATIONAL **GEOGRAPHIC** in June 2016!

> NATIONAL GEOGRAPHIC

www.HistoricStrollKinsale.com Tel: 087 2500731 or 021 4772873 Adults €7/Children €1

KINSALF BRIDGE CLUB

Every Tuesday, 7.30pm Trident Hotel Visitors welcome



Margaret Murphy O'Mahony TD

CLINICS MONDAY, JUNE 26th Innishannon, Kinsale, Belgooly, Riverstick & Minane Bridge



Please call the office to arrange an appointment for any of the above. The office in Bandon is open from 08:30 to 17:30 Monday to Friday including lunch hour.

Tel: 023 8841179

KINSALE HARBOUR CRUISES

Departure beyond Actons Hotel on board 'Spirit of Kinsale

JUNE SCHEDULE Everyday, 2pm, 3pm & 4pm

See sandwich board at Tourist Office & Pier Rd. for updates

Complimentary Tea/Coffee Served Cruises are subject to weather and tide THE PERSON T: 086 250 5456 SAME

www.kinsaleharbourcruises.com

DERMOT RYAN'S **HERITAGE** TOWN WALKS



"Kinsale's Top Independent Attraction" TripAdvisor

"Best Guide in Ireland" Irish Independent

> "Best Value €5 in Ireland" Sunday Times



10.30am Daily

(or by appointment) from the Tourist Office.

Adults: €5 Children: Free For group rates, please phone 086 826 7656



Are you concerned about the well-being of any young person? **FOR FREE & CONFIDENTIAL ADVICE & SUPPORT CONTACT TOM ON** 085 872 5789

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WHAT'S ON INKINSALE ADISTRICT

Friday 23rd
June to
Thursday 29th
June 2017
BLUE HAVEN:

Sovereign's Cup FRI 23rd JUNE ARMADA: Jukebox Night. **BACCHUS NIGHTCLUB:** DJ Mark, 11,30pm. BLACKS BREWERY: Brewery Tours, 1pm-4pm. BLUE HAVEN: Kurt Goodwolf, 10pm. CASEYS, KINSALE: Highland Paddies, 10pm. **DERMOT RYAN'S** HERITAGE TOWN WALKS: Tourist Office, 10.30am or by appointment. **DON & BARRY'S** HISTORIC STROLL: Tourist Office. 9.15am, 11.15am, FOLKHOUSE: King K, 10.30pm. HAMLETS: Jamie Shine, 9pm. KINSALE HARBOUR CRUISES: 2pm, 3pm, 4pm, KINSALE YACHT CLUB: Sovereign's Cup 2017. Ladies Charity Lunch. SAM'S BAR: Forget Me Nots. SILENT BANJO: Niall O'Sullivan, 10pm. TRIDENT HOTEL: Tim O'Mahony, 10pm. Billy's Piano Bar at the

SAT 24th JUNE ARMADA: Ciaran Brennan. BACCHUS NIGHTCLUB:

Marina Lounge.

DJ Sean, 11.30pm. **BLACKS BREWERY:** Brewery Tours, 1pm-4pm. **BLUE HAVEN:** Grainne Ryan & Band, CASEYS, KINSALE: Jono, 8pm, UV5, 10pm, D.J Fitz. DERMOT RYAN'S HERITAGE TOWN WALKS: Tourist Office, 10.30am or by appointment. DON & BARRY'S HISTORIC STROLL: Tourist Office, 9.15am, 11.15am. FOLKHOUSE: Gerry Quigley & The Shinkickers, 10.30pm. HAMLETS: DJ, 10pm.

KINSALE HARBOUR CRUISES: 2pm, 3pm & 4pm. SAM'S BAR: Irish Draught and The Whistler. SILENT BANJO: The Hoots, 10pm. TRIDENT HOTEL: The Long Note. WHITE HOUSE:

SUN 25th JUNE ACTONS: DJ & BBQ on the lawn.

Live Lees, 10.30pm.

2pm-5pm. ALTRUSA GARDEN PARTY: Kinsale Community Hospital, 2pm-4.30pm. ARMADA: Allsorts, 8pm.

Alsorts, 8pm.
BLUE HAVEN:
Trad Session, 8.30pm.
CASEYS, KINSALE:
Clann Eireann, 9pm.
DERMOT RYAN'S
HERITAGE TOWN WALKS:
Tourist Office, 10.30am

or by appointment.
DON & BARRY'S
HISTORIC STROLL:
Tourist Office, 11.15am.
FOLKHOUSE:

Ben & The Mighty Men, 9.30pm.

HAMLETS: Old No. 7 with Clem Buckley and Ben Dillon, 6.30pm.

IRISH GIN & TONIC FEST: At Blue Haven Hotel and Hamlets. Runs until 1st July.

KINSALE BAPTIST CHURCH: 11am, Temperance Hall. KINSALE HARBOUR CRUISES: 2pm, 3pm & 4pm. SAM'S BAR: The Americhanics. SILENT BANJO:

Joe Black, 6.30pm.

MON 26th JUNE
BLUE HAVEN:

Traditional Irish Music with Arundo, 9.30pm. CASEY'S, KINSALE: Chase the Ace, Bootleg Bhoys, 8pm. DALTON'S BAR: Trad singalong.

DERMOT RYAN'S HERITAGE TOWN WALKS: Tourist Office, 10,30am or by appointment. DON & BARRY'S HISTORIC STROLL: Tourist Office. 9.15am, 11.15am, KINSALE HARBOUR CRUISES: 2pm, 3pm, 4pm. CLINIC WITH MARGARET MURPHY O'MAHONY TD: At Innishannon, Kinsale, Belgooly, Riverstick & Minane Bridge. Call 023 8841179 for appointment. SILENT BANJO: Jimmy White, 8pm.

TUES 27th JUNE ARMADA: Tony D, 8pm. **BABY & TODDLER GROUP:** Temperance Hall. 10am-12 noon. BLACKS BREWERY: Brewery Tours, 1pm-4pm BLUE HAVEN: Sonny & Friends, 9.30pm. CASEY'S, KINSALE: Roll the Dice, 6pm. Salsa Beginner's Class, 8pm-9pm. (Upstairs) DALTON'S BAR: Trad singalong DERMOT RYAN'S HERITAGE TOWN WALKS: Tourist Office, 10.30am or by appointment. DON & BARRY'S HISTORIC STROLL: Tourist Office 9.15am, 11.15am. KINSALE ACTIVE RETIREMENT: Closing Party, music with Vincent & Johnny, 2,30pm Temperance Hall. KINSALE BRIDGE CLUB: Trident Hotel, 7.30pm. Visitors welcome. KINSALE HARBOUR CRUISES: 2pm, 3pm, 4pm. PUBLIC MEETING: "The future of the Municipal Hall" at Temperance Hall, 8pm. SILENT BANJO: Aodhán,

Irish Balladeer, 8pm.

WED 28th JUNE
ARMADA:

Music Session, 8pm.

BLACKS BREWERY:

Brewery Tours, 1pm-4pm.

Niall McCabe. 9.30pm. CASEY'S, KINSALE: Bingo Night, 8.30pm. DALTON'S BAR: Traditional music. **DERMOT RYAN'S** HERITAGE TOWN WALKS: Tourist Office, 10.30am or by appointment. **DON & BARRY'S** HISTORIC STROLL: Tourist Office 9.15am, 11.15am. DRY EYE CLINIC: At Kennedy's Opticians, 2pm - 5.30pm. KINSALE HARBOUR CRUISES: 2pm, 3pm, 4pm. SAM'S BAR: Dana Rurns SLIMMING WORLD: Sáile Community Centre, 9.30am, 5.30pm & 7.30pm WHITE HOUSE: Two of a Kind, 9pm.

THUR 29th JUNE ARMADA:

The Pure Drop, 8pm. BLACKS BREWERY: Brewery Tours, 1pm-4pm. BLUE HAVEN: Complimentary Gin Tasting & Talk with Blacks of Kinsale, 8.30pm. Arundo, 9,30pm. CASEYS, KINSALE: No Frontiers, 9pm. DALTON'S BAR: Trad. DERMOT RYAN'S HERITAGE TOWN WALKS: Tourist Office, 10,30am or by appointment. DON & BARRY'S HISTORIC STROLL: Tourist Office 9.15am, 11.15am. HAMLETS: Niall McCabe, 9.30pm. KINSALE HARBOUR CRUISES: 2pm, 3pm, 4pm. SAM'S BAR: Darren Grimley SILENT BANJO: Aodhán, Irish Balladeer,

8pm. SPAR: Sign up to our Rewards Club, 12pm-5pm. WHITE HOUSE: Two of a Kind, 9pm.





Enjoy your favourite beverage at the

FOREDECK BAR

by the water's edge, relaxing setting and great place to enjoy the sunshine.



WHARF TAVERN

Full Bar Menu available

12pm – 9pm

Look out for our tempting **Evening Specials!**

Our menu caters to all budgets and tastes, with children especially welcome.

Phone: 021 4779300

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